

WHO CAN USE SPACE

AND WHAT ARE THE POTENTIAL BENEFITS?



Anyone of any age who has additional needs can book a one-hour session in any of our 3 sensory rooms. The Space Centre can accommodate families, individuals with carers, or groups such as specialist schools, clubs, and organisations providing social/residential care.

- *Development Delay*
- *Sensory processing disorders*
- *Autism*
- *Profound Multiple Learning Difficulties*
- *Cerebral Palsy*
- *Learning Disabilities*
- *Challenging Behaviours*
- *Physical Disabilities*
- *Brain Injury*
- *Emotional & social Difficulties*
- *Dementia*
- *Stress and Anxiety*
- *Chronic pain*

There are many potential benefits to the flexible environments provided by Space. Our rooms are specifically designed to be stimulating yet calming, which can increase concentration, alertness, and wellbeing. Other benefits include:

- *Allowing freedom to explore in a safe environment*
- *Improving social and emotional wellbeing*
- *Improving mental health and wellbeing*
- *Helping develop use of the senses*
- *Enabling assessment of sensory preferences*
- *Increasing confidence and motivation*
- *Increasing communication and choice-making skills*
- *Enabling the opportunity for fun and excitement*
- *Increasing relaxation of the body and mind*
- *Decreasing challenging or stereotypical behaviours*
- *May help decreasing pain and use of medication*

BOOKING IS ESSENTIAL – Please contact us to discuss your needs for a session

Tel: 01772 760 403 email: thespacecentre@gmail.com

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<https://www.creativespacecentre.org>

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SUPPORT