

SPACE 3



Space 3 is a smaller room with a carpeted floor for those who are less mobile or who cannot cope with a large area or lots of people. Access to Space 3 is via the lift or stairs, and there is a full H frame ceiling hoist in the room to give everyone full access to all the equipment. It has fabulous sound and projection in close proximity to the client and has an amazing bay window overlooking the beautiful gardens. So, at the end of a session, clients can be brought gently back to the normal world. Equipment includes:

- A large heated waterbed with easy access transferring from wheelchairs
- A rocker chair and a vibrating reclining armchair
- A huge projection screen for use with DVDs and Apple TV
- Bubble Wall
- Fibre-optics and UV light/equipment
- Aroma diffuser with reminiscence oils
- Mirror ball and solar projectors to create different scenes
- Resource boxes

Space 3 is particularly beneficial/useful for:-

- Sensory assessment on an individual basis - perhaps before using one of the larger sensory rooms
- Those who cannot mix with a larger group
- Those who find the soft cushioning in Space 1 and 2 difficult to walk on. (full hoisting available)
- Decreasing stress and agitation for those with behavioural/mental health issues
- Increasing relaxation abilities and promoting mental health and well being
- Providing a safe failure-free environment which requires no memory or cognitive reasoning for those with dementia
- Decreasing sadness or fear for those with dementia
- Encouraging reminiscence by using themes
- Encouraging one to one communication in an intimate environment
- Increasing self-awareness and awareness of the environment
- Stimulating those who are usually non-responsive
- Improving staff and client relationships
- Holistic therapies

BOOKING IS ESSENTIAL – Please contact us to discuss your needs for a session

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<https://www.creativespacecentre.org>

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SUPPORT**