

# THE SPACE CENTRE PHILOSOPHY



Multi-sensory facilities are places where the environment can be individually tailored to facilitate experiences without the distractions of the outside world. Space is the largest and most versatile multi-sensory centre in the UK, providing three sensory environments where those with physical, emotional or learning difficulties can develop skills and enjoy experiences not usually available to them.

As babies our very first awareness of ourselves and our surroundings comes through our senses and movement. If our capacity for activity and movement is limited by disability then our overall development is affected throughout our lives. Sensory rooms can help to compensate for this.

Our three fabulous sensory rooms are infinitely adaptable for anyone of any age with additional needs. Whether your aim is to have fun, relax, move in safety or have specific sensory stimulation Space can meet your needs. Everything can be controlled, manipulated, intensified or reduced to fit each person's motivation, interests and needs.

It is essential for everyone to have access to pleasurable experiences that are under their control and this is fundamental to a person's wellbeing. At Space, children and adults can use specialised switches to control the experiences within the room; which can be very empowering and help them to transfer skills into their everyday lives.

Space can be used in many different ways but it must always be remembered that it is *how* the room is used that is crucial to the success of the session. Sessions should be planned with a clear aim. Used well, multi-sensory environments can elicit responses, motivate movement and change attitudes, but they will only facilitate developments where appropriate interaction occurs. Our highly experienced staff are available to assist and train Space users on how to use the sensory rooms to their maximum effect.

BOOKING IS ESSENTIAL – Please contact us to discuss your needs for a session

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<https://www.creativespacecentre.org>

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